

# GETTING STARTED WITH DEVELOPMENTAL MONITORING FOR EARLY CHILDHOOD PROFESSIONALS

## PREPARING FOR IMPLEMENTATION

- Review CDC "Learn the Signs. Act Early." website and familiarize yourself with the resources and information.
- Consider program structure and the community you serve while deciding when and how you will roll out developmental monitoring within your program.
- Plan how you will promote monitoring with families.
- Develop a list of potential resources and referral options.

## USING CHECKLISTS

- Choose the appropriate checklist based on the age of the child.
- Set aside time to go through the checklists and observe each child.
- Review the checklist and determine if the child is on track for developmental milestones.
- Set aside time for ongoing monitoring.

## TALKING WITH FAMILIES

- Meet with parents regularly to discuss the results of your monitoring.
- Compare the results of your checklist with the parents' checklist and observations.
- Celebrate all of the milestones the child has met!
- Discuss activities for continued development.
- Discuss referral options if the child is not meeting their milestones.