



Implementation Plan: Brain Smart® Start (continued)

♥ How will you UNITE your class/staff?

School Family™ name:

Safekeeper ritual:

Class chants:

Favorite songs:

Times of day that benefit from unity of the group:

List of materials needed:

♥ How will you help your class DISENGAGE STRESS?

Beginning of the day:

Before each transition:

During stressful moments:

After active periods such as recess:

List of materials needed:

♥ How will you CONNECT with your class/staff?

Each morning: Teacher with Child

Child with Child

With a child whose behavior is challenging for you:

During transitions:

At the end of each day:

List of materials needed:

♥ How will you have the class/staff COMMIT?

As a Group:

Individually: