

# Hats Off!!!

## Exploring the Many Hats of a Home Visitor/Parent Educator

Presented by:

**Paula Wright & Kristi Reynolds**

Consultants, Missouri Parents as Teachers Professional Development Program

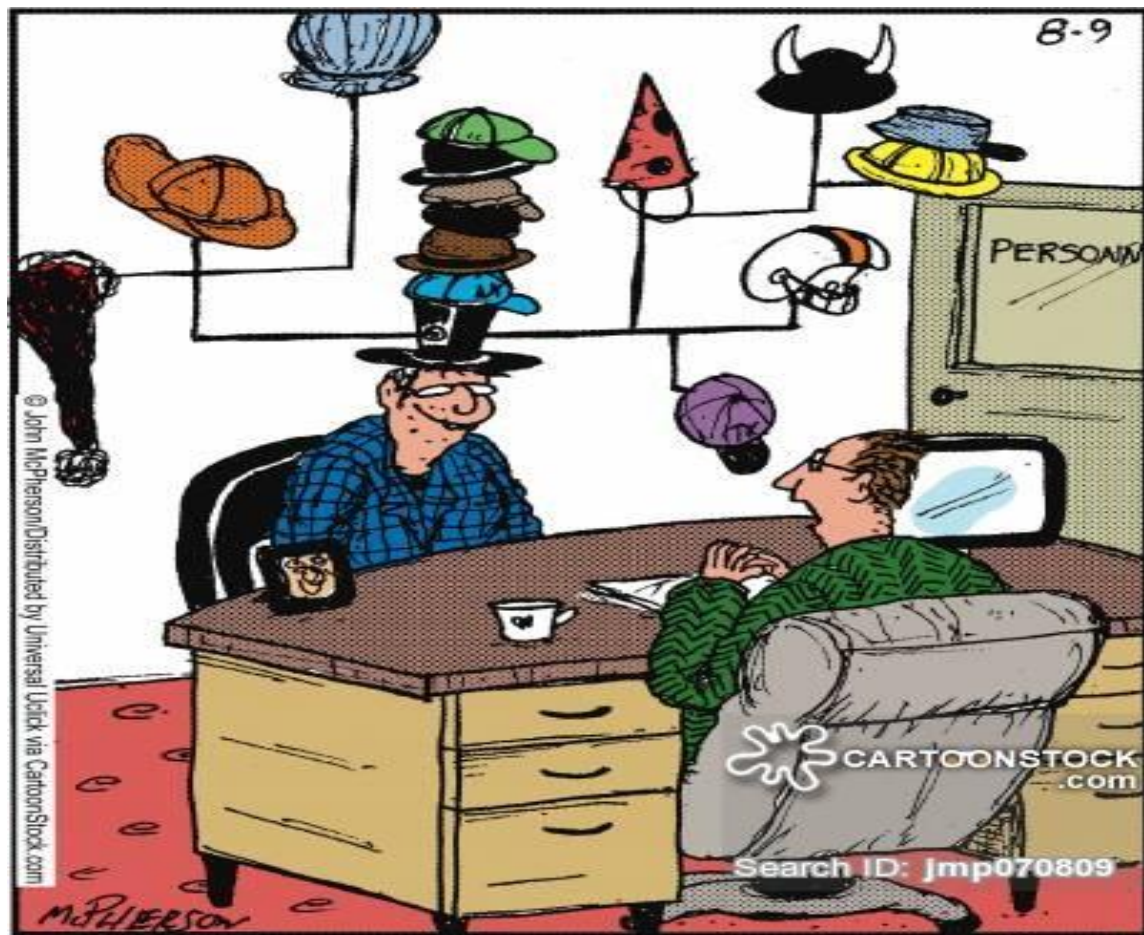
# The Intent and Focus:

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1. Identify and reflect on the many hats a Home Visitor/Parent Educator wears during a home visit.
2. Explore and identify challenges that could occur while facilitating each part of a home visit.
3. Partner together to come up with strategies on how to manage the variety of hats as they continually change.



**Let's Go on a Home Visit!**



"Yes, yes, I get the symbolism, Mr. Sanchez.  
You can wear many hats. Very clever."



During a home  
visit a Parent  
Educator/Home  
Visitor can be  
a...

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# Let's Reflect

Which hat do you wear the most?

What hat is the most challenging to wear?

Which hat do you feel the most comfortable in?

**What type of visits  
are challenging  
for you?**

**Quiet Parent**

**Multi-Child Household**

**Distracted Parent**




**Family of Another Culture**

**Child with Special Needs**

**Parent dealing with drug  
addiction**



# TO DO LIST:

-  STUFF I NEED TO DO
-  STUFF I WANT TO DO
-  STUFF I SHOULD DO
-  MORE STUFF
-  EXTRA STUFF
-  BONUS STUFF
-  TOO MUCH STUFF!

A home visit  
has many  
parts!

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# What are other responsibilities during a home visit?

— — —

- Enrollment/Participation Agreement
- Developmental Screening
- Health, Hearing & Vision Screening
- Family Needs Assessment
- What else?

## TO DO LiST

1. SO
2. MANY
3. THINGS



"The most valuable  
resource that all  
teachers have is  
each other. Without  
collaboration our  
growth is limited to  
our own  
perspectives"

--Robert John Meehan

**Let's Partner Together...**

# Group Activity

1. Partner to discuss a challenging home visit.
2. What has happened to you?
3. What hat were you wearing?
4. Reflect on strategies to help get through those challenges.
5. What hat do you need to put on?  
Or what hat do you need to take off?

You wear so many hats...



Image Source: <http://www.campwriteaway.com/>

# Managing our Home Visitor Hats

**What tools do you use  
to manage all the hats  
you wear?**

Today I will  
not stress over things  
I can't control.



**“I thought it was the best visit!”**

**“Oops I forgot to...”**

**“I thought it was a terrible visit!”**

# tools...Tools...TOOLS! Which one do I use?

- DESE website – [www.DESE.mo.gov](http://www.DESE.mo.gov)
- Missouri Parents as Teachers Professional Development Program-  
<https://www.missouripat.org/>
- PAT website - [www.ParentsAsTeachers.org](http://www.ParentsAsTeachers.org)
- Head Start/ECLKC (Early Childhood Learning & Knowledge Center)-<https://eclkc.ohs.acf.hhs.gov/>

**DON'T WORRY!  
I GOT YOUR BACK.**





# What's on Your Mind? Exploring Hopes, Desires, Questions, and Concerns

*Taking time to think about what you want in your life helps you gain a greater sense of control and well-being. When you take action toward those things, you are setting goals.*

Choose a prompt to write or draw about, or use this space to explore any topic that's important to you right now.




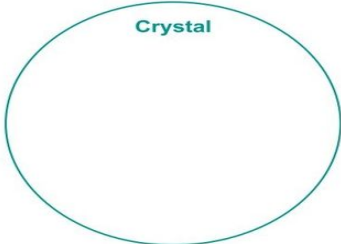
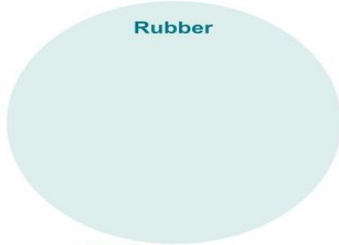
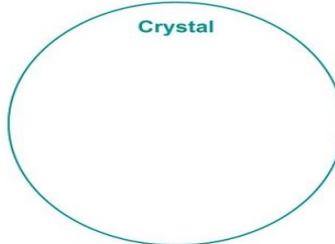
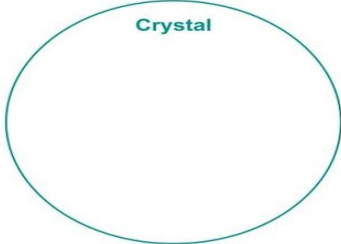
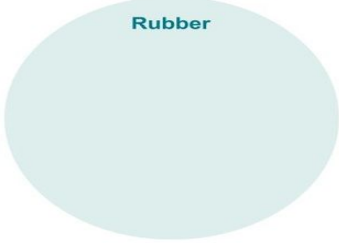
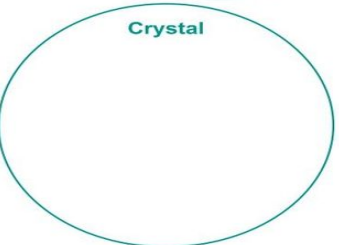

*Goals are like stepping stones. They can help you focus and improve your outlook, which will move your family forward in a positive direction. Your parent educator can help you form your thoughts into a measurable, attainable goal.*





## Crystal Balls, Rubber Balls

*Parents have many roles. Your expectations about what you can do in a day may need to be revised again and again. Reflect on what responsibilities would “break” if you dropped them (these are the crystal balls) and what things would “bounce” (the rubber balls).*

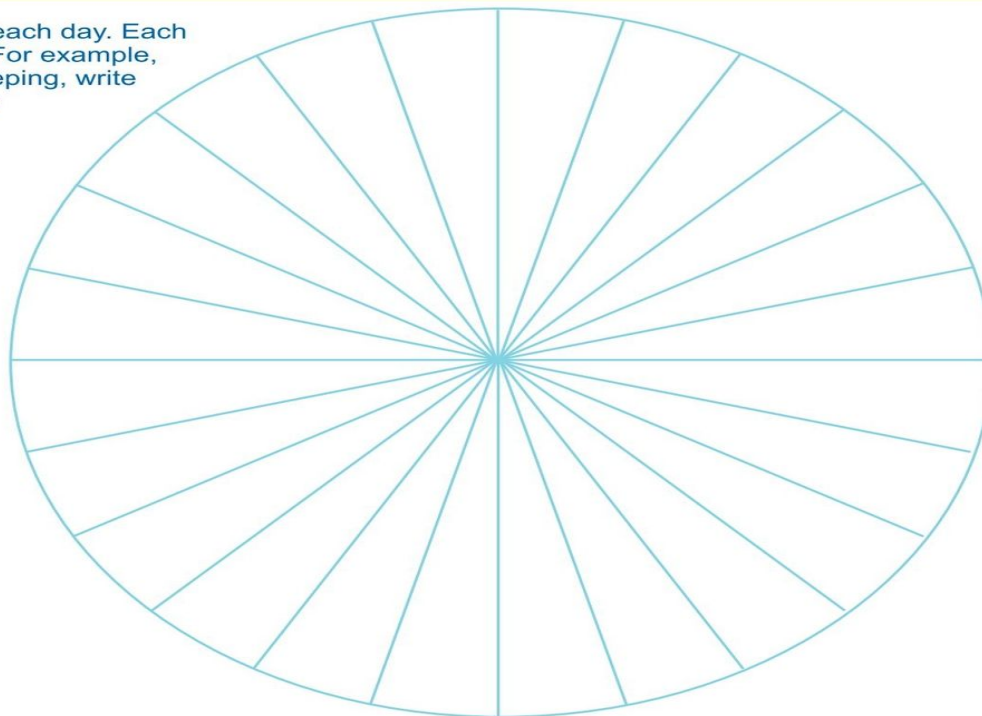
 <p>Rubber</p>	 <p>Crystal</p>	 <p>Rubber</p>	 <p>Crystal</p>
 <p>Crystal</p>	 <p>Rubber</p>	 <p>Crystal</p>	 <p>Rubber</p>



## Slice of Time

*Think about the amount of time you spend on various activities throughout the day (sleeping, cooking, playing with your child, working, watching TV, hanging out with friends, and so on).*

Write in the activities you do each day. Each wedge represents one hour. For example, if you spend seven hours sleeping, write "sleep" across seven wedges in the circle.



The image features a motivational quote centered on a textured, light brown background. A large, soft watercolor wash in shades of teal and purple is applied behind the text, creating a dreamy, ethereal effect. The quote is written in a black, hand-drawn, all-caps font. The text is arranged in five lines: "IT'S AMAZING HOW FAR", "YOU ARE WILLING TO GO", "WHEN SOMEONE BELIEVES", "IN YOU.", and a small period at the end of the last line.

IT'S AMAZING HOW FAR  
YOU ARE WILLING TO GO  
WHEN SOMEONE BELIEVES  
IN YOU.

**What was helpful for you today?  
What is one thing you found most valuable?**

# Thank you!

Please visit our website:  
**[missouripat.org](https://missouripat.org)**